

《英语（二）》2017年4月真题

一、阅读判断（本大题共10小题，每小题1分，共10分）

The Thinking Habit That Changed My Life

I remember one evening three years ago, when my life was very different. I was overweight I was deeply in debt. I was a smoker. I felt hopeless and helpless. I couldn't change anything.

Then I looked up at the sky and thought what a miracle life is. And I resolved to list the good things in my life. I had a wonderful wife. I had five amazing children. I could see and appreciate the beauty of the world around me. The list went on, but you get the idea. Even when things seemed terrible for me, actually I was OK.

That night I resolved to be grateful for what I had, and for the people in my life. I started the habit of gratitude. Now many people consider it unimportant. I'm here to tell you that it's very important. It changes lives.

Now I appreciate my wife Eva more. I feel good about having her in my life. And we have deepened our relationship. I also appreciate my kids more. Instead of criticizing them, I tend to notice their loveliness, curiosity and humor. I'm kinder to others around me, at work and everywhere else, because instead of seeing the faults in everyone, I see the good, and am grateful for them. I need less, because instead of thinking about what I don't have, I am grateful for what I do have. Each and every moment becomes cause for gratitude, and life becomes easier.

Without the habit of gratitude, we tend to complain and see the bad in people and things. We can't change that at once, but you can do something. For example, you can start with a small action. Really feel the happiness that something or someone is in your life, or take a moment to make a list of the things in your life that you're thankful for.

1) I was unhappy with my life three years ago.

- A. True
- B. False
- C. Not Given

2) I drank every day and couldn't stop it

- A. True
- B. False
- C. Not Given

3) I was unable to support my family.

- A. True

- B. False
- C. Not Given

4) One evening I came to a new understanding of my life.

- A. True
- B. False
- C. Not Given

5) Many people value the habit of gratitude nowadays.

- A. True
- B. False
- C. Not Given

6) Now I have a closer relationship with my wife.

- A. True
- B. False
- C. Not Given

7) I am now more strict with my kids.

- A. True
- B. False
- C. Not Given

8) I like making friends with people around me.

- A. True
- B. False
- C. Not Given

9) I now try to see the good in others.

- A. True
- B. False
- C. Not Given

10) A small action doesn't work to change one's bad habit

- A. True
- B. False
- C. Not Given

二、阅读选择（本大题共5小题，每小题2分，共10分）

Dog Training

Dog training is a must for all dogs. It is more than just telling your dog to stop doing what he's doing; it is the process of teaching a dog to exhibit certain desired behaviors in specific circumstances. Proper dog training is not a "quick fix" ---it is an ongoing process.

Dog training also involves teaching the owner. Going through dog training is something that every dog owner should do. It is like going to school over again. It is all about communication, and you need to learn to communicate with your dog.

Training your dog to "sit" is probably the first thing you will train your dog to do. When you want your dog to sit, hold a treat above his head and say "sit". As the dog sits, say "sit" again and then immediately give him the treat. Your dog should drop into a "sit" position in order to reach the food.

Teaching your dog to fetch promotes bonding. To do this, first throw a ball; and give the command "fetch". As he starts to run towards it, yell "fetch" again. Instead of a ball, you may use the object your dog loves most. Do not play fetch with heavy items or sticks, however, as this can damage the dog's teeth or injure the dog.

A well-trained dog should remain where his owner commands, so "stay" is an important command in dog training as well. Since it is more involved, that will be the subject of another article.

Dog training is a very physical activity, so be prepared to be tired. And dog training is never without risk of injury, especially with more aggressive dogs. One major mistake many dog owners make is to think that the dog training is over. Training your dog continues throughout your dog's life.

1) What does the author say about dog training?

- A. It requires professional guidance.
- B. It is necessary for every dog.
- C. It gives dogs good exercise.
- D. It is an easy job for trainers.

2) What is the most important thing for dog trainers to do?

- A. Learn to communicate with dogs.